



INDIAN SCHOOL AL WADI AL KABIR
ANNUAL EXAMINATION 2023-24
PSYCHOLOGY

Class: XI
Date: 20/2/2024

Time Allowed: 3 hours
Maximum Marks:70

General Instructions:

- All questions are compulsory except where internal choice has been given.
- Question Nos. 1 -15 in Section A carry 1 mark each. You are expected to answer them as directed.
- Question Nos. 16-21 in Section B are very short answer type-I questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- Question Nos. 22-24 in Section C are short answer type-II questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- Question Nos. 25 - 28 in Section D are long answer type questions carrying 4 marks each. Answer to each question should not exceed 120 words.
- Question Nos. 29-30 in Section E are long answer type questions carrying 6 marks each. Answer to each question should not exceed 200 words.
- Question Nos. 31 – 34 in Section F are based on two cases given. Answer to each one-mark question should not exceed 20 words. Answer to each two-mark question should not exceed 30 words.

PART A		
1	Which Psychologists belong together in terms of their school of Study? A. Piaget 1. Watson B. John Dewey 2. Vygotsky C. Skinner 3. Carl Rogers D. Maslow 4. William James	1
2	In Skill Learning, when performance attains _____, it involves minimal demands on conscious effort and almost no errors.	1
3	_____ has proposed that the declarative memory can either be Episodic or Semantic.	1
4	Primary Reinforcer; Secondary Reinforcer a. Food; Sleep b. Money; Food c. Money; Promotion d. Food; Money	1
5	Cephalocaudal principle of development suggests that children gain control over their torso before their extremities. True or False?	1
6	2 factors that indicate to the brain that we are hungry are _____. a. a low concentration of glucose in the blood b. dehydration c. a low level of protein d. dryness of mouth i. a & b ii. c & d iii. a & c iv. a & d	1

7	The notion that recognition process begins from the whole which leads to identification of various components is known as _____.	1
8	A: From a very young age, Hide & Seek games are very popular in children. R: In infants and small children, Curiosity & Exploration is very dominant. a) Both the assertion and reason are true, and the reason is the correct explanation of the assertion. (b) The assertion is true, but the reason is false. (c) Both the assertion and reason are true, but the reason is not the correct explanation of the assertion. (d) The assertion is false, but the reason is true.	1
9	A: For information to enter the long-term memory from the STM, elaborative rehearsals is important. R: The number of associations you can create around the new information will determine its permanence. a) Both the assertion and reason are true, and the reason is the correct explanation of the assertion. (b) The assertion is true, but the reason is false. (c) Both the assertion and reason are true, but the reason is not the correct explanation of the assertion. (d) The assertion is false, but the reason is true.	1
10	A: When there is continuous noise in your background, you make some orienting reflexes. This is also one kind of behavioural change, but it's not called learning. R: There are changes due to continuous exposure to stimuli as a result of habituation. a) Both the assertion and reason are true, and the reason is the correct explanation of the assertion. (b) The assertion is true, but the reason is false. (c) Both the assertion and reason are true, but the reason is not the correct explanation of the assertion. (d) The assertion is false, but the reason is true.	1
11	Sometimes we prefer to generalize about similar topics or people, after few past experiences, we are using _____ reasoning.	1
12	Fill the missing phases in the correct sequence as per the language acquisition milestones found in children. Crying, _____, Babbling, Holophrases, _____ to finally correct usage of words and grammar.	1
13	Seeking other humans and wanting to be close to them is the need for _____.	1
14	An experiment may be conducted in a sound-proof and airconditioned room to eliminate the effect of noise and temperature. This is to create a certain atmosphere in the experimental setting. True Or False?	1

15	The point of 'Aha' or the Eureka moment usually follows a period of _____ in the Creative Process. a. Preparation b. Verification c. Illumination d. Incubation	1
PART B		
16	Describe the Motivational Cycle.	2
17	John had just entered college when he got influenced by the company of some friends. He engaged in certain undesirable behaviors. What are 2 major concerns of this phase?	2
18	Give 2 examples of the cultural differences in the perception of Death.	2
19	What is Linguistic Determinism?	2
20	"We see things as we are and not as things are". Explain this statement with reference to the observation method.	2
21	With relevant examples explain how Development is influenced by historical conditions.	2
PART C		
22	Deepa took failure as a stepping-stone in life, while Padma was totally shaken by it. Many similar examples suggest experiences of an individual are subjective. Elaborate on the given statement.	3
23	Discuss the theories of Selective Attention.	3
24	Raina is often thinking about abstract things, analyzing everything happening around her. Being an adolescent what would be the factors relating to her cognitive development.	3
PART D		
25	Describe the determinants of Classical conditioning. OR Explain the application of Operant Conditioning in our lives.	4
26	Kyle realized that while observing things, he sometimes could comprehend the entire thing, while at other times, he struggled with understanding individual features. Based on this elaborate on the 2 different Approaches in Perception.	4
27	Differentiate between any 2 of the following: a) naturalistic and controlled observation b) dependent and independent variable c) experimental and control group	4
28	Describe the various phases of Evolution of Psychology in detail.	4
PART E		
29	Alekha has recently been very worried as she cannot remember things easily. Often she is unable to recall the names of people she has met or even the places where she has kept things. With reference to the theories of forgetting explain why does this take place? OR Define Mnemonics? Suggest a plan to improve your own memory.	6
30	Dr. Firoz is creating a new psychological test based on Emotional intelligence. Explain the characteristics of that such a standardised test must possess. OR Many Questionnaires are now sent on WhatsApp groups as part of students' research projects. Which method of enquiry is it? Elaborate on its types.	6

PART F		
	<p>Bronfenbrenner's ecological model offers a comprehensive framework for understanding the many factors that affect development. In addition to describing the different levels of influence, the ecological model also describes the dynamic interaction that occurs between the different levels, from the direct relationships at the microsystem level through the broader societal, cultural, and temporal factors that play a role. The ecological model also plays a role in shaping mental health care programs.</p> <p>The theory has been applied extensively within the field of education to help design effective learning environments that emphasize the classroom experience and focus on the influence of families, communities, societies, and the broader culture.</p> <p>The early childhood education program, Head Start, is an example of an intervention informed by Bronfenbrenner's model. It takes a holistic approach and supports infants, toddlers, and preschoolers to promote school readiness.</p>	
31	In the Ecological model, what comprises of the Microsystem?	1
32	Explain 2 ways in which this model is relevant in the field of Education.	2
	<p>A 2013 research paper says that mood-congruent experiences of art – like listening to sad music when feeling sad – offers a sense of emotional sharing, akin to interacting with an empathic friend. And research from 2018 on music’s effect on mood confirms that “sad” music can have a positive effect, with the researchers arguing that “when experiencing sadness, focusing on sad music can be a positive and even a strengthening experience”.</p> <p>This links with philosopher Aristotle’s theory of catharsis, which suggests that we experience the emotion of sadness through music in order to purge the emotion from ourselves in real life.</p> <p>Professor of musicology Kim Cunio agrees that lifting your mood with music probably isn’t as simple as listening to up-tempo music in a major key. She suggests that to reap the mood-boosting benefits of music, listeners need to “follow the heart” and choose the music that most resonates with them.</p>	
33	Give 2 examples of fields which come closer with Psychology in terms of relating to human feelings and emotions.	1
34	How is Music linked with Psychology?	2